## **COBRA** therapy

Prednisolone		
	week 1	60 mg/day
	week 2	40 mg/day
	week 3	30 mg/day
	week 4	20 mg/day
	week 5	15 mg/day
	week 6	10 mg/day
	week 7 - 28	7.5 mg/day
MTX	week 2	7.5 mg/week
SSZ	week 2	1000 mg/day
	week 3 - 28	2000 mg/day

#### Week 13

**IF DAS44 ≥ 1.6:** increase MTX per 2 weeks: final dose 25 mg/week

#### Week 26

**IF DAS44 < 1.6:** taper prednisolone in weekly steps, stop at week 32.

**IF DAS44 ≥1.6:** intensify treatment in patients on MTX 7,5 mg/w, increase to 25 mg/w; in patients on MTX 25mg/w, add etanercept 50 mg/wk s.c.

#### Week 39

**IF DAS44 < 1.6:** taper prednisolone in weekly steps, stop at week 45.

**IF DAS44 ≥1.6:** intensify treatment in patients on MTX 7,5 mg/w, increase to 25 mg/w; in patients on MTX 25mg/w, add etanercept 50 mg/wk s.c.. In patients on etanercept, continue medication

# Week 52

## STOP ETANERCEPT

Treatment not further protocolized

## **COBRA-light therapy**

#### Prednisolone

week 1 30 mg/day week 2 20 mg/day week 3 15 mg/day week 4 - 8 10 mg/day week 9 - 28 7.5 mg/day

MTX week 2 - 4 10 mg/week week 5 - 8 17.5mg/week week 9 - 28 25 mg/week

#### Week 13

**IF DAS44 ≥ 1.6:** consider MTX s.c.

## Week 26

**IF DAS44 < 1.6:** taper prednisolone in weekly steps, stop at week 32.

**IF DAS44 ≥1.6:** intensify treatment, add etanercept 50 mg/wk s.c.

#### Week 39

**IF DAS44 < 1.6:** taper prednisolone in weekly steps, stop at week 45.

**IF DAS44 ≥1.6:** in patients not on etanercept, add etarncept 50/w s.c.. Else, continue medication

#### Week 52

## STOP ETANERCEPT

Treatment not further protocolized